

YOGA FOR HEALTH AND WELL-BEING

Value Added Certificate Course

Teacher Coordinator Report 2020

Course Code: CPCC01-BPE

Number of students	40
Date of examination	March 17, 2020
Total students who passed exam	40
Total course duration	50 hrs

Feedback analysis:

- Students admired the techniques of group discussion.
- 97% of the students enjoyed the classes.
- Yogic Diet was the topic most liked by the students.
- Yogic Diet was not that really appreciated. The students wanted to reduce the stress given to that part.



Course Coordinator: Dr. ARAVINDA B. P.



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